

Malpas Alport Primary School

SCARF Whole School Long Term Overview.

Please refer to SCARF website for Medium and short term planning

All SCARF lesson plans have been organised into six key themes/ blocks:

- Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being My Best
- Growing and Changing

Puberty education for older children

For children in Y5 and 6, SCARF lesson plans that cover changes that occur at puberty (including menstruation, wet dreams etc.) and non-statutory sex education. These elements Will be taught within children's own age groups as appropriate.

**CYCLE A: Lesson titles**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b>ME AND MY RELATIONSHIPS</b>	<b>VALUING DIFFERENCE</b>	<b>KEEPING SAFE</b>	<b>RIGHTS AND RESPECTS</b>	<b>BEING MY BEST</b>	<b>GROWING AND CHANGING</b>
<b>Pre-School</b>	Marvellous me! I'm special People who are special to me	Me and my friends Friends and family Including everyone	People who help me and keep me safe Safety indoors and outdoors What's safe to go into my body	Looking after myself Looking after others Looking after my environment	What does my body need? I can keep trying I can do it!	Growing and changing in nature When I was a baby Girls, boys and families
<b>Foundation stage</b>	All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2)	I'm special, you're special Same and different Same and different families Same and different homes Kind and caring (1) Kind and caring (2)	What's safe to go onto my body Keeping myself safe - what's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings (1) Keeping safe online People who help to keep me safe	Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe	Bouncing back when things go wrong Yes, I can! Healthy eating (1) Healthy eating (2) Move your body A good night's sleep	Seasons Life stages - plants, animals, humans Where do babies come from? Getting bigger Me and my body - girls and boys
<b>Year 1 and 2</b>	Our ideal classroom (1) Our ideal classroom (2) (OPTIONAL)	What makes us who we are? My special people	Harold's picnic How safe would you feel?	Getting on with others When I feel like erupting	You can do it! My day	A helping hand Sam moves house Haven't you grown? My body, your body

	<p>How are you feeling today?  Let's all be happy  Being a good friend  Types of bullying  Don't do that!  Bullying or teasing?  (OPTIONAL)</p>	<p>How do we make others feel?  When someone is feeling left out  An act of kindness  Solve the problem</p>	<p>What should Harold say?  I don't like that!  Fun or not?  Should I tell?</p>	<p>Feeling safe  Playing games  Harold saves for something special  Harold goes camping (OPTIONAL)  How can we look after our environment?</p>	<p>Harold's postcard - helping us to keep clean and healthy  Harold's bathroom  What does my body do?  My body needs... (OPTIONAL)  Basic first aid</p>	<p>Respecting privacy  Some secrets should never be kept</p>
<b>YEARS 3 and 4</b>	<p>Human machines  Ok or not ok? (1)  Ok or not ok? (2)  An email from Harold!  Different feelings  When feelings change (OPTIONAL)  Under pressure</p>	<p>Can you sort it?  What would I do?  The people we share our world with  That is such a stereotype!  Friend or acquaintance?  Islands</p>	<p>Danger, risk or hazard?  How dare you!  Keeping ourselves safe  Raisin Challenge (2)  Picture Wise  Medicines: check the label  Know the norms (formerly Tell Mark II) (OPTIONAL)  Traffic lights (OPTIONAL)</p>	<p>Who helps us stay healthy and safe?  It's your right  How do we make a difference?  In the news!  Safety in numbers  Harold's expenses (OPTIONAL)  Why pay taxes?  Logo quiz (OPTIONAL)</p>	<p>What makes me ME! (formerly Diversity World)  Making choices  SCARF hotel (formerly Diversity World Hotel)  Harold's Seven Rs  My school community (1)  Basic first aid</p>	<p>Moving house  My feelings are all over the place!  All change!  Preparing for changes at puberty (formerly Period positive)  Secret or surprise?  Together</p>

<b>YEARS 5 and 6</b>	Working together Let's negotiate (OPTIONAL) Solve the friendship problem Dan's day (OPTIONAL) Behave yourself Assertiveness Skills Don't force me Acting appropriately	Ok to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? Challenging gender stereotypes	Think before you click! It's a puzzle (OPTIONAL) To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story (part 1) (OPTIONAL) Joe's story (part 2) (OPTIONAL)	Two sides to every story 'Fakebook' Friends What's it worth? Jobs and taxes (OPTIONAL) Happy shoppers Action stations! (OPTIONAL) Project Pitch (parts 1 & 2) (OPTIONAL) Democracy in Britain 1 - Elections Democracy in Britain 2 - How (most) laws are made Community art (OPTIONAL)	This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid Five Ways to Wellbeing project	I look great! Media manipulation Pressure online Helpful or unhelpful? Managing change Is this normal? Making babies
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**CYCLE B: Lesson titles**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b>ME AND MY RELATIONSHIPS</b>	<b>VALUING DIFFERENCE</b>	<b>KEEPING SAFE</b>	<b>RIGHTS AND RESPECTS</b>	<b>BEING MY BEST</b>	<b>GROWING AND CHANGING</b>
<b>Pre-School</b>	Marvellous me! I'm special People who are special to me	Me and my friends Friends and family Including everyone	People who help me and keep me safe Safety indoors and outdoors What's safe to go into my body	Looking after myself Looking after others Looking after my environment	What does my body need? I can keep trying I can do it!	Growing and changing in nature When I was a baby Girls, boys and families
<b>Foundation stage</b>	All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2)	I'm special, you're special Same and different Same and different families Same and different homes Kind and caring (1) Kind and caring (2)	What's safe to go onto my body Keeping myself safe - what's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings (1) Keeping safe online People who help to keep me safe	Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe	Bouncing back when things go wrong Yes, I can! Healthy eating (1) Healthy eating (2) Move your body A good night's sleep	Seasons Life stages - plants, animals, humans Where do babies come from? Getting bigger Me and my body - girls and boys

<b>Year 1 and 2</b>	Why we have classroom rules How are you listening? Thinking about feelings Our feelings Feelings and bodies Good friends	Same or different? Unkind, tease or bully? Harold's school rules It's not fair! Who are our special people? Our special people balloons	Super sleep Who can help? (1) Good or bad touches? Sharing pictures What could Harold do? Harold loses Geoffrey	Harold has a bad day Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	I can eat a rainbow Eat well Harold's was up and brush up Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Inside my wonderful body! (OPTIONAL)	Healthy me Then and now Taking care of a baby Who can help? (2) Suprises and secrets Keeping privates private
<b>Years 3 and 4</b>	Looking after our special people How can we solve this problem? Tangram team challenge (OPTIONAL) Friends are special 'Thanks' Dan's dare My special pet (OPTIONAL)	Respect and challenge Family and friends My community Our friends and neighbours Let's celebrate our differences Zeb	Safe or unsafe? Danger or risk? The Risk Robot Super Searcher Help or harm? Alcohol and cigarettes: the facts Raisin Challenge (1) (OPTIONAL)	Helping each other to stay safe Recount task Our helpful volunteers Can Harold afford it? Earning money Harold's environment project Let's have a tidy up (OPTIONAL)	Derek cooks dinner! Poorly Harold Body team work For or against? I am fantastic! Top talents Getting on with your nerves! (OPTIONAL)	Relationship Tree Body space None of your business! Secret or surprise My changing body Basic first aid

<b>YEAR 5 and 6</b>	Collaboration Challenge! Give and take Communication (OPTIONAL) How good a friend are you? Relationship cake recipe Our emotional needs Being assertive	Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? Stop, start stereotypes It could happen to anyone (OPTIONAL)	Spot bullying Play, Like, Share Decision dilemmas Ella's diary dilemma Jay's dilemma (OPTIONAL) What's the story? Would you risk it? 'Thinking' about habit (OPTIONAL) Drugs: true or false? (OPTIONAL) Smoking: what is normal? (OPTIONAL)	Fact or opinion? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver! Local councils (OPTIONAL)	It all adds up! Different skills My school community (2) Independence and responsibility Star qualities Basic first aid, including Sepsis Awareness	How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Changing bodies and feelings Help, I'm a teenager...get me out of here! Dear Hetty (OPTIONAL)
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